

All About Kids Dentistry
1845 E. Rand Road, Suite 203
Arlington Heights, IL 60004
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NITROUS OXIDE (N2O) INSTRUCTIONS

Children are more alert, better listeners and usually more cooperative during the morning hours. Therefore, we require you schedule your child's operative treatment during morning hours. Feeding your child a very light meal as suggested below will lessen the chance of nausea. Giving your child a pain reliever such as Children's Tylenol, Children's Motrin, or Pediaprofen before their appointment also relieves some discomfort associated with having treatment and covers their discomfort for a few hours afterward. As always, we will do our best to make your child's dental experience a very positive one and welcome any questions that you might have concerning their treatment.

1. If your child develops an upper respiratory infection (i.e. runny nose, congestion, sore throat, fever, etc.), please call our office; there may be a chance the procedure will have to be canceled.
2. Have your child wear loose, comfortable clothing. No ponytails or buns. Preferably short sleeve t-shirts. No tights. Also bring an extra shirt/top.
3. Your child should have 4 ounces of liquid the morning of the appointment. The 4 ounces can be all water, or a combination of 2 ounces of water with 2 ounces of a clear liquid such as apple juice, white grape juice, cranberry juice, 7-UP, Sprite or... tea.
4. Your child should also have something to eat such as 1 slice of dry toast, 4-6 saltine crackers, or ½ cup of dry cereal such as plain Cheerios, Kix, or Life. **NO DAIRY PRODUCTS, SYRUPS OR ACIDIC JUICES.**